

Safety Boater Skills Requirements for Check Off

MANEUVERS to be performed with appropriate and efficient strokes, while maintaining the trim and balance of the craft.

1. Put on a life jacket appropriate for the operator's size, craft, and activity.
2. Use proper techniques to safely lift and carry the kayak on shore
3. Enter and launch kayak from shore in a controlled manner, checking for clear departure.
4. Propel the kayak forward in a straight line 15-20 boat lengths.
5. Stop the kayak within two boat lengths
6. Move the kayak backwards 3-4 boat lengths
7. Move the kayak sideways to each side 10 feet (3 meters)
8. Turn the kayak from a stationary position 180° to the right and left
9. Turn the kayak while maintaining forward motion 90° to the right and left Propel the kayak in a figure of 8 course around markers 3-4 boat lengths apart
10. Tripping: experience paddling at least a short duration (1 hour) and distance (1 mile/1.6 km) day trip
11. Arrive at destination point, checking for clear approach, and exit the kayak in a controlled and safe manner
12. Secure the kayak and equipment before leaving unattended, with attention paid to environment and conditions
13. Exit the craft after capsize, using proper body position and contact with the craft and paddle.
14. Rescue self and the kayak using an effective self rescue technique (e.g., swim self and boat to shore, or deep water reentry).
15. Rescue a person in the water and capsized kayak using appropriate techniques and equipment for the craft (bailers, pumps, paddle floats, tow lines, rescue slings, etc)
16. Assisted rescues: boat over boat/side by side/T-Rescue/others appropriate to conditions
17. Assisted re-entry: heel hook/stern entry/others appropriate to conditions Bulldoze or tow kayak or swimmer to shore